

Organised by **INTI** International University  
Hosted by **SHINAWATRA** UNIVERSITY

**International Conference on Sustainable Living and Community Wellness 2026**

**SustainWell2026**

THEME: Innovative Science for Sustainable Living and Community Well-Being

**Objective**  
To contribute toward a world where everyone has the opportunity to lead a healthy and fulfilling life, while also safeguarding the planet for future generations.

**Target Audience**  
Researchers, policymakers, healthcare professionals, global stakeholders, etc.

**Conference Tracks**

1. Innovative Science for Sustainable Healthcare
2. Sustainable Ecosystems and Community Well-Being
3. Biotechnology Innovations for a Sustainable Future
4. Transdisciplinary Solutions for Global and Community Health

**Conference Fee**

Category	Fee (RM)	Fee (USD)
Physical Presenter	360	90
Physical Presenter (INTI Staff / Co-organizing Institution / INTI Research Fellow)	280	70
Online Presenter	240	60
Online Presenter (INTI Staff / Co-organizing Institution / INTI Research Fellow)	200	50

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[inticonferences.newinti.edu.my/conference-2026/sustainwell2026](http://inticonferences.newinti.edu.my/conference-2026/sustainwell2026)

Conference will be held in Hybrid Mode

## Congratulations! Have been accepted for the presentation: 1 Lecturer and 12 Postgraduate Students Universitas Islam Negeri Sumatera Utara



**1. Muhammad Irwan Padli Nasution**, "Efforts to increase SDGs activities towards World University Rankings on State Islamic Universities in Indonesia"



**1. Zaimiri**, "Literature Study: The Impact of Memorizing the Quran on Mental Peace and Physical Health"



**2. Muthi' Nur Hanifah**, "The Effect of Aqidah Akhlak Learning As A Student's Mental Health Promotive-Preventive Strategy"



**3. Muhammad Ghozali Ma'arif**, "A Transdisciplinary Approach to Preventing School Bullying: Islamic Character Education, Teachers' Roles, and Community Mental Health"



**4. INDI YUSMARDANI**, "Integrating Moral Education in Islamic Religious Studies to Enhance Student's Mental Health"

Additional Conference on Sustainable Living and Community Wellness (SustainWell 2026)



**5. SUCI REZEKI NASUTION**, "MENTAL HEALTH: IMPROVING MENTAL HEALTH AND WELL-BEING, INCLUDING PREVENTING DRUG AND ALCOHOL ABUSE"



**6. AMANATIN NAZWA**, "Efforts to Achieve Tranquility and Peace in Human Life Through Spiritual Practices in a Holistic Approach"



**7. Halimatun Sakdiah**, "A Transdisciplinary Approach to Islamic Education for Sustainable Community Well-Being: Integrating Health, Spirituality, and Social Resilience"



**8. Ahmad Shiddiq**, "Preventing Drug Abuse through Islamic Education: A Public Health Perspective within a Transdisciplinary Framework"



**9. AISAH NURKHOFIFAH LUBIS**, "SELF-HELP AND COMMUNITY-BASED MENTAL HEALTH MANAGEMENT STRATEGIES IN THE DIGITAL AGE"



**10. Zahra Rafia Rani Siregar**, "AI Technology Innovation in Early Detection of Mental Health Disorders for Sustainable Living Digital Era"



**11. Khairul Amaliah**, "The Role of Islamic Religious Education and Physical Education in Promoting Community Health: A Transdisciplinary Perspective"



**12. Mutiara Mastina Fithri Daulay**, "*The Importance of Spiritual Mindfulness in Islamic Education to Improve Mental Well-Being: A Literature Review*"