

Organised by **INTI International University** Hosted by **SHINAWATRA UNIVERSITY**

International Conference on Sustainable Living and Community Wellness 2026

SustainWell2026

THEME: Innovative Science for Sustainable Living and Community Well-Being

Objective

To contribute toward a world where everyone has the opportunity to lead a healthy and fulfilling life, while also safeguarding the planet for future generations.

Target Audience

Researchers, policymakers, healthcare professionals, global stakeholders, etc.

Conference Tracks

1. Innovative Science for Sustainable Healthcare
2. Sustainable Ecosystems and Community Well-Being
3. Biotechnology Innovations for a Sustainable Future
4. Transdisciplinary Solutions for Global and Community Health

Conference Fee

Category	Fee (RM)	Fee (USD)
Physical Presenter	360	90
Physical Presenter (INTI Staff / Co-organizing Institution / INTI Research Fellow)	280	70
Online Presenter	240	60
Online Presenter (INTI Staff / Co-organizing Institution / INTI Research Fellow)	200	50

Important Dates

Call for paper
21st November 2025

Abstract Submission Deadline
16th January 2026

Registration & Payment due for Presenter
23rd January 2026

Conference Date
6th February 2026

Full Paper Submission
13th February 2026

---: Note :---
*Full paper submitted on/before 13 Feb will be considered for publication in journal)
**Non-presenting participants can register for online sessions free of charge.

Conference Venue

INTI International University, Nilai, Malaysia.

For Inquiries: sustainwell@newinti.edu.my Conference will be held in Hybrid Mode

inticonferences.newinti.edu.my/conference-2026/sustainwell2026

Congratulations! Have been accepted for the presentation: 1 Lecturer and 12 Postgraduate Students Universitas Islam Negeri Sumatera Utara



1. **Muhammad Irwan Padli Nasution**, "Efforts to increase SDGs activities towards World University Rankings on State Islamic Universities in Indonesia"



1. **Zaimiri**, "Literature Study: The Impact of Memorizing the Quran on Mental Peace and Physical Health"



2. **Muthi' Nur Hanifah**, "The Effect of Aqidah Akhlak Learning As A Student's Mental Health Promotive-Preventive Strategy"



3. **Muhammad Ghozali Ma'arif**, "A Transdisciplinary Approach to Preventing School Bullying: Islamic Character Education, Teachers' Roles, and Community Mental Health"



4. **INDI YUSMARDANI**, "Integrating Moral Education in Islamic Religious Studies to Enhance Student's Mental Health"

International Conference on Sustainable Living and Community Wellness (SustainWell 2026)



5. SUCI REZEKI NASUTION, “MENTAL HEALTH: IMPROVING MENTAL HEALTH AND WELL-BEING, INCLUDING PREVENTING DRUG AND ALCOHOL ABUSE”



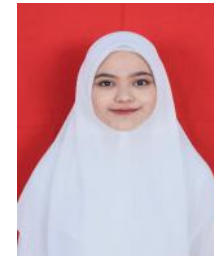
6. AMANATIN NAZWA, “Efforts to Achieve Tranquility and Peace in Human Life Through Spiritual Practices in a Holistic Approach”



7. Halimatun Sakdiah, “A Transdisciplinary Approach to Islamic Education for Sustainable Community Well-Being: Integrating Health, Spirituality, and Social Resilience”



8. Ahmad Shiddiq, “Preventing Drug Abuse through Islamic Education: A Public Health Perspective within a Transdisciplinary Framework”



9. AISAH NURKHOFIFAH LUBIS, “SELF-HELP AND COMMUNITY-BASED MENTAL HEALTH MANAGEMENT STRATEGIES IN THE DIGITAL AGE”



10. Zahra Rafia Rani Siregar, “AI Technology Innovation in Early Detection of Mental Health Disorders for Sustainable Living Digital Era”



11. Khairul Amaliah, “The Role of Islamic Religious Education and Physical Education in Promoting Community Health: A Transdisciplinary Perspective”



12. Mutiara Mastina Fithri Daulay, “*The Importance of Spiritual Mindfulness in Islamic Education to Improve Mental Well-Being: A Literature Review*”